



Copper Dowsing Rods *Handcrafted by Rosefern*

What is dowsing? Dowsing, also called *divining* or *radiesthesia*, can be used for finding things and answering questions. Everyone has the ability to dowse and it is a skill that can be honed and perfected. Dowsing with parallel metal rods (L-rods) uses the movement of the rods to divine an answer.

Why use copper & beads? According to some users of divining rods, brass or copper are good conductors of energy and allow the rod to attune to magnetic fields emanated by the target without the earth's EM field interfering. Copper is considered a mineral of energy and mental agility and can aid psychic abilities. Copper is an excellent conductor of energy, from electricity to the mystical subtle energies emanating from higher planes, etc. The handles of the rods are often encased in a material, such as the decorative beads used on these rods, which will allow the L-rods to swing freely, while also providing a constant electrical impedance, to prevent the dowser's own conductivity from interfering with the dowsing process.

How does dowsing work? There are many different theories about the mechanism of dowsing. There may be explanations on the physical, emotional, spiritual, electromagnetic, biochemical and many other levels, which in essence explain the same thing in different terms. One explanation is that it is a simple process that connects the rational, intellectual part of ourselves with the intuitive, wise part or *Higher Self*. It is like a doorway between the mind and the spirit, using the body as a threshold. Dowsing seems to work by sending the unconscious knowledge into the arm muscles, making the L-rods move together or away from each other.

We can use dowsing rods to detect energy patterns in nature, such as the different frequencies or patterns of *subtle energy* given off by different substances, the *Earth energies* of different places or electromagnetic fields and geopathic stress so we can observe the different effects they have on us. Where ley lines cross are points of power. Other energy grids have been described, such as the Hartmann Grid, which is a series of energy lines about 2 to 2.5 metres apart, running North-South and East-West forming a grid around the Earth. The crossing points of these lines are considered to be unhealthy if one is to remain over them for long periods of time as in a bed or at a work station for example. Dowsing for these lines can help you to decide on a more suitable placement of furniture or regular daily activities etc.

We can also use dowsing to re-pattern chi (energy) paths and to bring healing to traumatized environmental energies. A set of L-rods also makes an excellent ghost hunting tool and may be used to locate a vortex or high EMF energy during a paranormal investigation.

How to dowse with L-Rods

1. Pick up and hold the L-rods straight out in front of you in a comfortable position. It is important to relax and hold the rods loosely, as gripping them too tightly will prevent the rods from swinging and rotating freely inside the beaded handles. Hold the L-rods at least 6 inches apart, but no wider than shoulder width apart. You may wish to hold your elbows in next to your body for more support. Keep your grip loose and the rods parallel to the floor. Point the rods slightly down at a 5% degree angle.
2. Now, relax and take a deep breath. Begin by "talking" to the rods as if you are talking to your spiritual guides. The first thing you need to do is establish what a "yes" answer looks like by saying, "Show me a yes". Most people get the L-rods to cross, but if the rods want to be wide open for yes, it's OK. Just make sure you always get the same response for a yes answer. Once the L-rods are programmed for a "yes," you are ready to program them for a "no." Repeat the exercise with, "Show me a no." Your intent expressed in the yes/no question will cause the rods to respond with an answer.
3. Calm and centre yourself and, standing comfortably with your rods in their neutral position, state what your target is, or what you wish to search for, eg. earth energies, ley lines, an energy vortex or even a lost item etc.
4. Walk forwards at a slow but steady pace. When you reach the first target your rods may either split apart or cross over, depending on what you have determined to be the "yes" or "here it is" response. Sometimes both rods might swing to the right or the left, indicating the new direction you should follow. Continue dowsing to find your target.

More detailed information about dowsing and earth energies can be found in the following articles on the SOuL Searchers website (soulsearchers.spheresoflight.com.au): "*Dowsing with L-Rods*", "*Leylines & Geopathic Stress*", "*Neutralising Geopathic Stress*" and "*Dowsing for the Paranormal*".